



# healing waters wilderness adventures

## Personal Data Form

Confidential

Return to: **Healing Waters Wilderness Adventures 167 Fell St. San Francisco, CA 94102**

**Instructions:** Healing Waters Wilderness Adventures is gathering this information in order to provide you with the safest and most enjoyable environment possible for you on your trip. **Please complete and return this personal data/preferences form with your completed medical form, waiver, trip fee and deposit.**

### PART I: Personal Data

Name: \_\_\_\_\_ Gender: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Guardian (if under 18): \_\_\_\_\_

Email(s): \_\_\_\_\_

Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

Phone: (H) \_\_\_\_\_ (W) \_\_\_\_\_ (Cell/Other) \_\_\_\_\_

#### **Ethnic Background (optional):**

- Asian
- Black/African American
- Hispanic/Latino
- Native American/Indian
- White/Caucasian
- Other

#### **How did you hear about us?**

- Friend
- Case manager
- Internet
- Other \_\_\_\_\_
- Flyer

### PART II: Preferences

1. Preferred trip dates: #1 \_\_\_\_\_, #2 \_\_\_\_\_

Please list in order of preference. It is extremely important that you keep both dates free until you hear from us. Please mark the dates in your calendar. See your information packet for the latest schedule or see [www.hwaters.org](http://www.hwaters.org).

2. I have the following dietary restrictions (if allergic, please specify):

\_\_\_\_\_  
\_\_\_\_\_

3. Healing Waters Wilderness Adventures has a *very limited number* of one-person tents. We reserve the use of these tents for people who snore, or who feel very strongly that they need their privacy for other reasons. Otherwise, we typically put 2 people in a tent designed for 3 people, or an equivalent arrangement. Do you require your own tent for this trip?

- No
- Yes

4. Healing Waters Wilderness Adventures can provide you with appropriate (polypropylene, wool, or fleece) layers to help you keep warm and comfortable during the trip. For the water-based activities, we can also provide you with a wetsuit and paddle jacket.

Would you like Healings Waters Wilderness Adventures to provide you with clothing?

- No             Yes

Please give us some information about your size (based on men's sizing):

- Small     Medium     Large     X-Large    Height: \_\_\_\_\_ Weight: \_\_\_\_\_

5. Healing Waters Wilderness Adventures is committed to providing transportation to folks who **need** it. Others are encouraged to drive their own vehicles and meet us at the trip destination. *Directions to the ride pick-up spots and destinations are detailed in your information packet.* Please let us know if you are unable to drive.

I have a car, and a clean driving record. I have room in my car for \_\_\_\_\_ people. I can pick up folks in (pick one):

- San Francisco  
 Berkeley  
 West Sacramento

DL #: _____
State: _____ Expiration Date: _____

Insurance company: \_\_\_\_\_ Policy No.: \_\_\_\_\_

Policy Expiration Date: \_\_\_\_\_

- I will need a ride!       I prefer to be picked up in San Francisco  
 I prefer to be picked up in Berkeley  
 I prefer to be picked up in West Sacramento

6. Please enclose your trip fee and deposit at this time.

**FOR OFFICE USE ONLY**

personal pref:	medical form:	waiver:	deposit:	in database:	trip date:	
/ /	/ /	/ /	/ /	/ /	/ /	